

SECRET

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MEMORANDUM OF THE HONOURABLE COMMISSIONER FOR HEALTH AND HUMAN SERVICES, BENUE STATE ON THE ADOPTION OF PUBLIC – PRIVATE PARTNERSHIP (PPP) ON MENTAL HEALTH SERVICE DELIVERY

PURPOSE:

The purpose of this memorandum is to inform Council on the benefits of the public- private partnership in mental health services, which Benue State enjoyed with Methodist Church Nigeria (MCN). It also seeks Council's approval for all states of the Federation to initiate a PPP arrangement that would increase access to mental health services thereby reducing the menace of Mental Health illnesses in our society.

Background:

Mental health related condition(s) are fast becoming a cancer that is ravaging the fabric of our society by significantly affecting our population especially, the youth and women. In our contemporary society risk factors such as drugs abuse, substance abuse, chronic health challenges, rising numbers of displaced persons and economic hardship among other things, account for high cases of Mental Health.

Benue State therefore partners with Methodist Church Nigeria (MCN) to institute Comprehensive Community Mental Health Programme (CCMHP) at PHC to address these menace. Under the partnership the State Ministry of Health and Human Services is responsible to:

1. Second a staff, preferably a Medical Officer to the CCMHP to work as a Mental Health Officer. This person will also be a natural liaison between CCMHP and the State Government;
2. Designate a Desk Officer to act as a liaison between the CCMHP and LG health authorities in Benue State regarding the selection of health facilities, training and support supervision of healthcare providers, roll-out of services, and overall health systems strengthening;
3. Aid with selection and training of general practitioners and healthcare providers at primary and secondary levels of healthcare in identification, treatment and management of common mental disorders;
4. Provide office space for CCMHP's use in Makurdi as Liaison Office;
5. Develop and implement plans for ownership of the project for the purpose of sustainability and
6. Participate in advocacy, research development and dissemination within and outside Benue State.

Content

The project was a 5-year plan and 2nd phase of the CCMHP covers from January 2017 to December 2021. It intends to achieve its overall objective through the implementation of the following activities:

- a. Organizational development and coordination, capacity building for staff, & partnership development;

- b. Scale-up of government-funded community mental health services and integration of MH into other aspects of Primary Health care like Maternal and New born Child Health care and HIV services across the State;
- c. Coordination at State level through Stakeholder Alliance, Strengthening activities of Self-help groups, and Economic integration of service users;
- d. Support improved mental health in the three prisons in Benue State;
- e. Health promotion in schools through addition of mental health to existing School Health Clubs;
- f. Support for persons with disabilities in emergency risk response (eg Humanitarian Emergencies in camps); and
- g. Accountability, Monitoring and Evaluation, Research, Knowledge management and Dissemination.

Methodist Church Nigeria (MCN) is investing in Mental Health Services and socio-economic welfare of the people in the State. In 2010, the Methodist Church Nigeria, Otukpo diocese in collaboration with CBM International, Benue State Ministry of Health and Human Services, Federal Medical Centre - Makurdi (Department of Psychiatry) commenced Edawu Community Mental Healthcare Centre (Ainu – Oju), and Health and Restoration Centre for Psychiatric Illnesses (Agboke-Oglewu, Ohimni) through a project called **Comprehensive Community Mental Health Programme** (CCMHP). This project was piloted from 2010 to 2015 and during the period, mental health services were offered in 47 PHC facilities and in 17 Local Government Areas of the State. However, CCMHP has scaled up mental health services to 57 PHC facilities in the 23 LGAs from 47 PHC facilities in 2016. With the help of this partnership, about 33,992 patients are currently accessing mental health services in the State. Before the partnership, there was no PHC offering mental health service in the State. Within this partnership mental health services have also been extended to Prisons, IDP camps and schools are being encouraged to form mental health clubs. Integration of Mental Health Services into PHC has made it accessible to the majority of our people.

PRAYER(S)

Council is hereby invited to note that:

1. The PPP arrangement between Benue State Ministry of Health and Human Services and MCN on CCMHP is significantly addressing mental health issues (10,982 New cases) and 33,992 on Treatment in the State; and
2. Through the partnership, the State has integrated mental health services into PHC services, Prisons, and IDP camps and has increased access to mental health services in the State.

Council is further invited to approve that:

All states of the Federation initiate a PPP arrangement that would increase access to mental health services thereby reducing the menace of Mental Health illnesses in our society. These services are to be mainstreamed into prisons, IDP camps, HIV/AIDs and Reproductive Health (MCH) programmes.

Honourable Commissioner of Health & Human Services, Benue State

JUNE, 2018