

THIS DOCUMENT IS THE PROPERTY OF THE NATIONAL COUNCIL ON HEALTH

SECRET

JUNE, 2018.

NCH/61/007K

**MEMORANDUM OF HONOURABLE COMMISSIONER FOR HEALTH, PLATEAU STATE ON
SPONSORSHIP/SUBSIDIZING OF RENAL DIALYSIS; A MEANS OF ENSURING UNIVERSAL ACCESS TO
TREATMENT FOR CHRONIC KIDNEY DISEASE PATIENTS.**

PURPOSE:

The purpose of this Memo is to seek Council approval for sponsorship/subsidizing of renal dialysis as a means of ensuring universal access to treatment for Chronic Kidney Disease (**CKD**) patients

INTRODUCTION/BACKGROUND:

Many reforms have been declared in the health system to achieve Universal Health Coverage with the ultimate goal of promoting population health by ensuring universal access to high quality health care and improving quality in health across socioeconomic groups.

On a global level, it is estimated that one (1) in every Twenty (20) people have Chronic Kidney Disease (CKD), end stage renal disease, the last and critical stage is a growing problem in most countries. The disease is common in Nigeria and sub-Saharan Africa with a prevalence rate of as high as 13.9% of hospital admissions according to some studies. Majority of the patients present late to hospital (85.6% in one study) with up to 50% requiring urgent kidney dialysis.

Since treatment of chronic kidney disease can have catastrophically high costs for patients and their families (a session of dialysis costs between ~~₦~~20,000.00 - ~~₦~~60,000.00) government should consider programmes that can subsidize CKD patients' costs to a certain extent.

ISSUES AND JUSTIFICATION:

1. There is a high prevalence of chronic kidney disease in Nigeria with late hospital presentation the norm with up to 50% of such patients requiring urgent kidney dialysis.
2. Treatment of the disease has catastrophically high costs for patients and their families ranging between Twenty to Sixty Thousand Naira (~~₦~~20,000.00 - ~~₦~~60,000.00) per session of dialysis.
3. To ensure universal access to high quality health care and improve equity in health across socioeconomic groups, there is the need for government to consider programmes that can subsidize CKDs patient' cost to a certain extent.

PRAYERS:

Council is hereby invited to note that:

- i. There is a high prevalence of chronic kidney disease in Nigeria with most of the patients presenting late to hospital and requiring urgent renal dialysis.
- ii. Treatment of the disease has catastrophically high costs for the patients and their families
- iii. There is need to ensure universal access to high quality health care and improve equity in health across socioeconomic groups.

Council is further invited to approve:

- i. Budget provision for sponsorship/subsidizing of kidney dialysis for patients.
- ii. Introduction of an insurance programme for chronic kidney disease patients to cover kidney dialysis (peritoneal dialysis or haemodialysis)

Hon. Commissioner for health, Plateau state

JUNE, 2018